

## GRATEFUL, HAPPY WOMEN



### THANK PE-RU-NA FOR THEIR RECOVERY AFTER YEARS OF SUFFERING.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Tensures of Temperance, in a recent letter, says:

"I think that a woman naturally shrinks from making her troubles public, but restored health has meant so much to me that I feel for the sake of other suffering women it is my duty to tell what Peruna has done for me."

"I suffered for five years with uterine irregularities, which brought on hysteria and made me a physical wreck. I tried doctors from the different schools of medicine, but without any perceptible change in my condition. In my despair I called on an old nurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I thought this was the least I could do and procured a bottle. I knew as soon as I began taking it that it was affecting me differently from anything I had used before, and so I kept on taking it. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely cured. I am a grateful, happy woman today."

Miss Muriel Armitage.

### Female Weakness is Pelvic Catarrh.

Always Half Sick are the Women Who Have Pelvic Catarrh.

Catarrh of any organ, if allowed to progress, will affect the whole body. Catarrh without nervousness is very rare, but pelvic catarrh and nervousness go hand in hand.

What is so distressing a sight as a poor half-sick, nervous woman, suffering from the many almost unbearable symptoms of pelvic catarrh? She does not consider herself ill enough to go to bed, but she is far from being able to do her work without the

greatest exhaustion. This is a very common sight and is almost always due to pelvic catarrh.

It is worse than foolish for so many women to suffer year after year with a disease that can be permanently cured.

Peruna cures catarrh permanently. It cures old chronic cases as well as a slight attack, the only difference being in the length of time that it should be taken to effect a cure.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

### Always an Eye to Business.

A merry-go-round man at La Crosse, Kas., got his leg caught in the cable of his machine. The crowd could hear the leg crack, as it was broken in several places. The machine was clogged and stopped. Women fainted and men paled. The unfortunate man smiled wearily, wiggled around and unstrapped a wooden leg, and then announced cheerfully: "Get your tickets for the next ride."

### Soap an Enemy to Doctors.

A doctor once, when visiting a patient who was suffering from the effects of too much beer within and too little soap and water without, said to the invalid's wife: "If there was less beer drunk and more soap and water used there would not be half so much sickness in the world." To which the woman promptly returned: "Then half of you doctors would be out of work."

### Bacteria Are Hardy.

Prof. Dowar has recently submitted living bacteria to the temperature of liquid hydrogen, about 250 degrees Centigrade, and about as near absolute zero as we can get, and after an immersion for ten hours there was no appreciable effect on the vitality of the organism.

### Landlord's Share.

The Turkish bey landlord in Macedonia gets half the farmer's produce. Every village supports a number of Turkish policemen, who are really parasites, the average household paying them \$6.35 out of an income of \$50—not for protection, but for a precarious immunity from outrages.

### Drawing.

An artist draws a picture, an equine draws a dray; the man who marries draws a blank sometimes, we've heard them say; a thirsty man draws water; a blossom draws the bee. If I can only draw my pay that's good enough for me.—Chicago News.

### A Valuable Food.

Superior to any other vegetable food—even the cereals—as sources of protein are dried beans and peas. They rank among the most economical of all foods and compare favorably with most meats in point of nutrition.

### "JUST RUN ACROSS"

### Some People Are Lucky.

Some people make an intelligent study of food and get on the right track (pure food) others are lucky enough to stumble upon the right way out of the difficulty just as a Phila. young woman did.

She says: "I had suffered terribly from nervous indigestion, everything seemed to disagree with me and I was on the point of starvation when one day I happened to run across a demonstration of Postum Food Coffee at one of the big stores here."

"I took a sample home and a sample of Grape-Nuts as well and there tried them again and found they agreed with me perfectly. For months I made them my main diet and as the result I am restored to my former perfect health and can eat everything I want to."

"When I spoke to my physician about Grape-Nuts he said 'It is a most excellent food.' Name given by Postum Co., Battle Creek, Mich.

There's a reason. Look for the famous little book, "The Road to Wellville," in every package of both Postum and Grape-Nuts.

## THIRTEEN MINERS KILLED.

### Gas Explosion in Coal Mine Causes Great Destruction.

PORT SMITH, ARK.—(Special.) Thirteen miners were killed and great damage was done by an accidental explosion of gas Tuesday afternoon in coal mine No. 20, at Bonanza, Ark., twenty miles from this city. Only six of the victims have been recovered.

The explosion occurred at 1 o'clock this afternoon. There were about 175 men in the various shafts at the time. All escaped without injury except the thirteen who were employed in entry "K," the scene of the explosion. The force of the explosion was terrific and timbers were torn from the walls of the passages for several hundred yards at the mouth of entry "K." The passages were so completely obstructed that the work of rescuing the entombed men was tedious in the extreme and several hours were consumed before the first body was found.

It is thought that the gas was accidentally ignited by a miner's lamp. The miners who escaped by the aid of others, summoned from nearby shafts, immediately set about clearing the passages in the hope that some of the thirteen entombed men might have survived the explosion.

By nightfall six bodies had been recovered and the rescue work was still in progress. It is now considered certain that all of the entombed men have perished.

### BRAINS AND BLOOD NECESSARY.

Secretary F. D. Coburn, in September Quarterly Report of the Kansas Board of Agriculture.

Twenty-three years ago Kansas had but 471,545 milch cows, and scarcely a creamery worth the name, and their product was unthought.

Ten years ago Kansas had 567,352 milch cows; creameries of a better class were being slowly established, but their output begged a market.

To-day Kansas has 802,738 milch cows, or more than at any previous time, and many high grade creameries and cheese factories, including the largest creamery in the world, hundreds of contributory feedling and skim stations, and their product is not only favorably known in the principal markets, but sought beyond the supply.

This is marked the progress of this industry in Kansas—in a decade become one of the most prominent of successful dairy states. While this is true, and within that time the aggregate animal value of our dairy products has nearly doubled, and while our foremost dairymen, by constantly striving to raise the standard of production, now have excellent high-yielding herds, it is unquestionably a fact that large numbers of our cow population are not paying for their keep. The cause for this is to be found either in the man or the cow, or both.

Brains in the man and blood and feed in the cow are essential to success in Kansas, as elsewhere.

### Irish Have Confidence in Redmond.

DUBLIN.—(Special.) At a meeting of the Irish parliamentary party here, at which John Redmond presided, a vote of confidence in Mr. Redmond was adopted unanimously, as was also a resolution proposed by Mr. Redmond, asking that William O'Brien withdraw his resignation as member of Parliament for Cork city.

### 2,000 Words a Minute.

BERLIN.—(Special.) Wilhelm von Siemens, of the Siemens-Halske company, exhibited before an audience of postal and telegraph experts a new telegraphic apparatus on which he and Dr. Franke, Dr. Thomas and Dr. Ehrhardt have been working for several years. Perforated paper ribbon is used in the apparatus and the experiments show that the instrument sends 2,000 words per minute for long distances. The message is received on a strip of sensitized paper which emerges with the letters fully developed.

### "My Busy Day"—D. Cupid.

LAWTON, O. T.—(Special.) Cupid was busy Wednesday. The record has been broken at the probate judge's office. Thirteen couples applied for permits to wed and ten licenses were issued. Several of the couples had double weddings and Miss Laura Coffelt married A. A. Reeves in the new interurban automobile, while it was going at full speed. The affair was engineered by Arthur Walker, mayor of Temple, in which city Mr. Reeves is in business. Miss Coffelt drew claim No. 31 at the land drawing two years ago.

### Mines for Battleships.

NEWPORT, R. I.—(Special.) Rush orders from the navy department at Washington have been received at the torpedo station for the completion of the naval defense mines for the battleships Kentucky, Wisconsin and Oregon, of the Asiatic squadron. Each battleship of the navy is to be equipped with a set of fourteen mines and one dummy.

### Abandons Christian Science.

OMAHA, NEB.—(Special.) Miss Irene Perfect is at the Perfect Apartments in the Sheraton hotel at the point of death after a three weeks' struggle with scarlet fever without medical attendance. The most skillful physicians in the city are at her bedside now trying to save her, but they admit there is no hope. Miss Perfect's mother is a Christian Scientist, and during the weeks the fever has been increasing daily a member of that sect has been the girl's only attendant.



### WHAT SICK KIDNEYS CAUSE.

KIDNEY COMPLAINTS.—Disbetes, Bright's Disease, Inflammation of the Kidneys, Dropsy (swelling of the limbs or body), locomotor pains in the back or loins.

BLANDER TROUBLE.—Inflammation of the bladder, passing urine, incontinence of urine, too much or too little urine.

URIC ACID TROUBLE.—Rheumatism, Gout, Gravel, Gall Stones, Lumbago.

NERVE TROUBLE.—Neuralgia, Sciatica, Nervous Collapse, Sleeplessness, Melancholia.

Many other disorders are caused directly or indirectly by faulty kidney action, and can be reached and cured by Doan's Kidney Pills. This remedy has cured every complaint recorded above, and over 50,000 testimonials prove its surprising merit.

50 cents per box, of all dealers, or mailed on receipt of price, by addressing Foster-McMullen Co., Buffalo, N. Y.

### FIRST KIDNEY PILL MADE. THE ORIGINAL DISCOVERY. THE ONLY GENUINE.

W. H. NEWMAN, the well-known jeweler of West Main Street, Wytheville, Va., says: "Some four years ago an attack of grip settled in my back, and I have suffered off and on ever since with a dull, heavy aching across the small of my back, always more severe in the morning. It was difficult for me to stoop or straighten, and if I sat down for any length of time it was hard for me to arise. I took two boxes of Doan's Kidney Pills, and the dull, disagreeable aching left me."

Mr. GEORGE WALLACE, Jr., of Elkhart, N. Y., wife of George Wallace, broker, of West Water Street, and living at 987 Baldwin Street, says: "In March, 1907, I was cured of kidney and bladder trouble by Doan's Kidney Pills. My physician said at that time that my life could be saved only by an operation. Night after night I had been kept awake for hours at a time with terrible pain in my back, and the secretions from the kidneys were in as bad a state as possible. I suffered with hemorrhages frequently and was in a weak state. Four boxes of Doan's Kidney Pills cured me, and I now gladly reference the remedy, because during the time which has since elapsed, nearly seven years, I have never had the slightest sign of a return of the trouble."

## DOAN'S KIDNEY PILLS.

## WINCHESTER

### RIFLE & PISTOL CARTRIDGES.

"It's the shots that hit that count." Winchester Rifle and Pistol Cartridges in all calibers hit, that is, they shoot accurately and strike a good, hard, penetrating blow. This is the kind of cartridges you will get, if you insist on having the time-tried Winchester make.

ALL DEALERS SELL WINCHESTER MAKE OF CARTRIDGES.

## PILES

NO MONEY TILL CURED. 25 YEARS ESTABLISHED.

Dr. Thornton & Minor, 1001 S. 10th St., Kansas City, Mo.

### The FREE Homestead

LANDS OF Western Canada

Are the STAR ATTRACTIONS for 1904.

Millions of acres of magnificent grain and grazing lands to be had as a free gift, or by purchase from Railway Companies, Land Corporations, etc.

### THE GREAT ATTRACTIONS

Good crops, delightful climate, splendid school system, perfect social conditions, exceptional railway advantages, and wealth and affluence acquired easily.

The population of Western Canada increased 125,000 by immigration during the past year, over 50,000 being Americans.

Write to nearest authorized Canadian Government Agent for Canadian Atlas and other information, or address Superintendent Immigration, Ottawa, J. S. Crawford, No. 125 W. Ninth Street, Kansas City, Mo.

### FREE TO WOMEN!

To prove the healing and cleansing power of Paxtine Tablets, Antacidine we will mail a large trial package with book of instructions absolutely free. This is not a flimsy sample, but a large package, enough to remove surplus acid from the system. Women all over the country are praising Paxtine for what it has done to local trouble.

Send by drugstore or mail postpaid by us, 50 cents, large box. Satisfaction guaranteed. TALKER PAXTINE CO., Boston, Mass. 514 Columbia Ave.

W. N. U., KANSAS CITY, NO. 48, 1903

## The Secret of Pope Leo's Long Life

The great secret of his 93 years, his power and capacity, is diet. He ate for the good of his body. He let his mind tell him when to stop. He ate little, but he ate enough and it was of the best quality. He was born a physical weakling, had been inclined to sickness all his life and yet he toiled more hours, weighted with greater responsibilities, than any other living man. His diet consisted largely of vegetables, fruits and cereals. Follow this splendid example of rational self-control.

## DR. PRICE'S WHEAT FLAKE CELERY FOOD

is health-promoting, life-sustaining. Served hot or cold.

Palatable—Nutritious—Easy of Digestion and Ready to Eat

My signature on every package. Dr. V. C. Price For sale by all grocers.

Dr. Price, the creator of Dr. Price's Cream Baking Powder and Delicious Flavoring Extracts. A Cook Book containing 75 excellent recipes for using the Food mailed free to any address. Prepared by PRICE CEREAL FOOD CO., 34 Cass Street, CHICAGO, ILLINOIS.

Every housewife glows over finely starched linen and white goods. Conceit is justifiable after using Defiance Starch. It gives a stiff, glossy whiteness to the clothes and does not rot them. It is absolutely pure. It is the most economical because it goes farthest, does more and costs less than others. To be had of all grocers at 10 oz. for 10c.

THE DEFIANCE STARCH CO., OMAHA, NEB.

**BROMO-SELTZER**  
CURES ALL Headaches  
10 CENTS—EVERYWHERE

**A Gift Worth Giving**  
A Present Worth Having  
The best building gift ever made, and one of the most useful in the new and enlarged edition of WEBSTER'S INTERNATIONAL DICTIONARY of English, French, German, Italian, Latin, Spanish, Portuguese, Greek, Hebrew, and Sanskrit. Useful, Reliable, Attractive, Lasting. The New Edition Has 25,000 New Words. New Synonyms of the World. New Biographical Dictionary. 1000 Pages. 1000 Illustrations. Book Bindings. Why Not Give One This Christmas Present? FREE—A Test to Promote Sales. Send for one today! For the whole family. Illustrated prospect also free. G. & C. MERRIAM CO., Publishers, Springfield, Mass., U. S. A.

**Thompson's Eye Water**  
BEGGS' CHERRY COUGH SYRUP cures coughs and colds.

**PISO'S CURE FOR CONSUMPTION**